

Sensory Aware Schools

A sensory approach to learning



- **Are you looking for a way to help all your children reach their potential?**
- **Are you looking for creative ways to support managing a classroom of children with a range of needs?**
- **Do you want to wake up the children who appear un-alert (day-dreaming or sleepy who you know can do more)?**
- **Do you want to help the children who cant seem to sit still and listen, to be able to learn more?**

These children may not be bored or disruptive, they may be dysregulated through not having their sensory needs met.

Whilst most sensory programmes are aimed at individuals with special needs we believe that we are all unique sensory beings and this can impact our day-to-day ability to attend concentrate and learn effectively. This training can be equally delivered for mainstream schools, special needs schools or mainstream schools with an SEN unit attached.

We can offer 3-hour/1½ day or 1 day bespoke training for schools on sensory awareness for use with all pupils.

Our training is practical and interactive and based on current research.



To find out more about what we can offer your school please contact
Lindsey or Karen at
info@sensoryaware.co.uk



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We are experienced occupational therapists who are passionate about sharing the benefits of using a sensory approach to learning and activity through practical strategies that can be incorporated into the school day.

We are able to look at joint working as a part of your behaviour management policy to support alternative ways of working with young people. This includes assessment for and provision of The Alert Program® in schools working directly with pupils and staff.

Depending on your needs we can offer:

- Understanding of sensory systems, sensory preferences, and that we are all sensory beings
- Understanding signs of over/under alertness
- Enabling teachers and children to start to become aware of their own levels of alertness.
- Developing awareness of the impact of dysregulation on attainment levels
- Developing strategies to self-calm, raise alertness levels and manage sensory needs
- Giving teachers a toolkit of inexpensive practical strategies which meet the sensory needs of children in the classroom
- Developing awareness of the impact the environment on sensory levels



www.hcpc-uk.org

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